

水優[®] 低鈉發泡錠

NuDrink[®](Low Sodium Effervescent Tablets)

衛署藥製字第 046311 號
醫師藥師藥劑生指示藥品
版本日期 2023-02-24
版次 6

葡萄糖和電解質補充劑

NuDrink[®]是葡萄糖與電解質的複合製劑，此發泡錠溶於水後會產生芳香氣味，在大多數由腹瀉或流汗過度引起的輕度和中度脫水情況時，依照醫師的指示服用本劑可以補充體液和電解質的缺乏。

1 成分

1.1 有效成分及含量

每錠含 **Glucose anhydrous 3027mg**

1.2 其他成分(賦形劑)

Riboflavin (Vit. B2)、Saccharin sodium、Citric acid anhydrous、Sodium bicarbonate、Lemon flavour、Orange flavour、Sodium chloride、Potassium chloride、Sunset yellow FCF。

2 用途(適應症)

用以治療伴有腹瀉或流汗過度的體液及電解質缺乏。主要適用於早期輕度及中度脫水。

3. 使用上注意事項

3.1 有下列情形者，請勿使用：

- 3.1.1 腎功能不全的人，特別是無尿排出(無尿症)的人。
- 3.1.2 葡萄糖吸收不良(單糖類吸收不良)的人。
- 3.1.3 失去知覺、休克、持續的嘔吐及血液中基本物質濃度過高(代謝性鹼中毒)的人。
- 3.1.4 曾因本藥成分引起過敏的人。

3.2 有下列情形者，使用前請洽醫生診治：

- 3.2.1 糖尿病患者。
- 3.2.2 患有心臟病或高血壓的人。
- 3.2.3 當NuDrink[®]作為注射流體療法的輔助劑時，使用量應注意勿超過病人水及電解質的需要量。

3.3 有下列情形者，使用前請先諮詢醫師藥師藥劑生：

- 3.3.1 哺乳婦女，於服用NuDrink[®]期間可以繼續哺乳嬰兒。

3.4 其他使用上注意事項：

- 3.4.1 本劑不可與果汁、牛奶或其他含有電解質(礦泉水)的溶液混合使用，因為會改變鹽類及葡萄糖的濃度而影響吸收。
- 3.4.2 為避免因服用過量而引起併發症(伴隨足夠水份的高鉀血症及高鈉血症)，製備藥液時必須依照指示使用水量。
- 3.4.3 過量的攝取流體可能會引起眼瞼腫大，雖然這種現象是無害的，但口服的流體治療須停止，直到此現象消失。
- 3.4.4 加藥片的溶液不可再煮沸，須每天新鮮裝備。
- 3.4.5 任何用剩的溶液必須丟棄。
- 3.4.6 避免誤用，為保持品質，不要換裝到其他容器。
- 3.4.7 為防止兒童誤食請妥善保管。
- 3.4.8 避免陽光直射。
- 3.4.9 勿超過建議使用量。
- 3.4.10 大部分的病人服用NuDrink[®]沒有任何問題。但是，若病人拒絕飲用或停留於昏睡狀態，則本劑可以用鼻胃輸液的方式投與。

4 用法用量

用 法	用 量
1. 此發泡錠須溶於飲用水或事先煮沸已冷卻的水中。	每次腹瀉服用1-2杯NuDrink [®] 溶液(2錠溶於240~480ml水中)或依照病人能接受多少就給多少。
2. 溶1錠於120 ml水(嬰兒瓶的容量)或溶2錠於240 ml水(大玻璃杯的容量)。	輕度脫水： 每2小時腹瀉不超過1次時劑量100ml / kg / day直到腹瀉停止(如，每次腹瀉使用一錠)。
3. 嬰兒及小孩服用NuDrink [®] 需投與6-12小時(最多24小時)，而學齡兒童及成人則繼續投與直到腹瀉停止。	中度脫水： 每2小時腹瀉超過1次時劑量10-15ml / kg / hour直到腹瀉減輕(如，每小時使用一錠或病人能接受多少就給多少)。

5 警語

- 5.1 服用本藥後，若有發生以下症狀時，請立即停止使用，並接受醫師診治：
 - 5.1.1 若有任何不適情況產生。
 - 5.1.2 連續服用本藥數日後，若症狀沒有改善。

6 包裝

2-1000粒塑膠管裝。

7 儲存方式

25°C以下，避熱防潮。



委託者：**BEST PHARMA Co., Ltd.**
倍斯特醫藥生物科技股份有限公司
總公司：台中市北屯區崇德路二段51號3樓之3、之5
製造廠：**旭能醫藥生技股份有限公司**
苗栗縣竹南鎮科研路25號

DOH-PM-046311
Instruction Drugs (Medicines Instructed Only by Physicians, Pharmacists and/or Assistant Pharmacists)
Version date 2023-02-24
Edition 6

NUDRINK[®] (Low Sodium Effervescent Tablets)

Supplements of Glucose and Electrolyte

NuDrink[®] is a formulation of glucose and electrolytes, which is designed to dissolve in water to produce a fragrant odor and maintain the balance of body fluids and electrolytes. In most cases of mild to moderate dehydration caused by diarrhea or excessive sweating, NuDrink[®] can only be taken under the direction of physicians.

1 Ingredient

1.1 Active ingredient and content

Each tablet contains Glucose anhydrous 3027mg

1.2 Other ingredients (excipients)

Riboflavin (Vit.B2)、Saccharin sodium、Citric acid anhydrous、Sodium bicarbonate、Lemon flavour、Orange flavour、Sodium chloride、Potassium chloride、Sunset yellow FCF.

2 Direction for use (Indications)

For the treatment of body fluid and electrolyte deficiencies associated with diarrhea or excessive sweating. Mainly suitable for early stage of mild to moderate dehydration.

3 Precautions for use

3.1 Do not use in the following situations :

- 3.1.1 People with renal insufficiency, especially those who lack of urine secretion (anuria).
- 3.1.2 People with glucose malabsorption (monosaccharide malabsorption syndrome).
- 3.1.3 People with unconsciousness, shock, persistent vomiting and a disorder that elevates the serum bicarbonate (metabolic alkalosis).
- 3.1.4 People who are allergic to any ingredients in NuDrink[®].

3.2 In the following situations, please consult a physician before use :

- 3.2.1 People with history of diabetes mellitus.
- 3.2.2 People with history of heart failure or high blood pressure.
- 3.2.3 In the situation of NuDrink[®] being used as a prescription of adjuvant therapy for intravenous rehydration, the dosage should be cautious not to exceed the patient's body fluids and electrolyte requirements.

3.3 In the following situations, please consult your physician, pharmacist and/or assistant pharmacist before use :

- 3.3.1 Lactating women can continue to breastfeed their babies while taking NuDrink[®].

3.4 Other precautions before use :

- 3.4.1 NuDrink[®] cannot be mixed with juice, milk or other solutions containing electrolytes, e.g., mineral water, because it could change the concentration of salts and glucose and affect body absorption.
- 3.4.2 In order to avoid complications (hyperkalemia and hypernatremia with sufficient water) due to overdose, the amount of water must be used according to the instructions when preparing the ORS (oral rehydration salts) solution.
- 3.4.3 Excessive intake of fluids may cause swelling of the eyelids. Although the situation is harmless, ORT (oral rehydration therapy) must be discontinued until symptoms disappear.
- 3.4.4 The prepared ORS solution should not be boiled and must be freshly prepared every day.
- 3.4.5 Any leftover ORS solution must be discarded.
- 3.4.6 In order to avoid misuse and maintain quality, do not change to other containers.
- 3.4.7 Please keep out of reach of children.
- 3.4.8 Avoid direct sunlight.
- 3.4.9 Do not exceed the recommended dosage.
- 3.4.10 It is safe in most situations for patients to intake NuDrink[®]. However, if the patient refuses to drink or remains in a lethargic state, the agent can be administered by nasogastric infusion.

4 Dosage and administration

Drug administration	Dosing regimens
1. This effervescent tablet must be dissolved in drinking water or cooled boiled water. 2. Dissolve 1 tablet in 120mL of water (the capacity of a baby bottle) or 2 tablets in 240mL of water (the capacity of a large glass). 3. Infants and children under the age of 6 should not consume NuDrink [®] in excess of 24 hours (normally intake 6-12 hours). However, adults and children over the age of 6 should continue to take the recommended dosage until symptoms of diarrhea has ceased.	The recommended dose for NuDrink [®] is 1-2 cups (2 tablets dissolved in 240ml-480ml of water) for every loose stool episode. Mild Dehydration: If loose stool episodes do not exceed once every 2 hours, take each dose 100ml/kg/day until symptoms improve. e.g., consume one tablet for every loose stool episode. Moderate Dehydration: If loose stool episodes exceed more than once every 2 hours, take each dose 10-15ml/kg/hour until symptoms settle down. e.g., take one tablet per hour or as much as the patient can tolerate.

5 Warning

- 5.1 After taking NuDrink[®], if the following symptoms occur, please stop using it immediately and consult a doctor :
 - 5.1.1 If any discomfort occurs.
 - 5.1.2 If the symptoms do not improve after taking this medicine continuously for several days.

6 Package

2-1000 pieces in plastic tube.

7 Storage

Below 25°C, avoid heat and moisture.



Under the authority of
BEST PHARMA Co.,Ltd.
3F.-3-5, No.51, Sec 2 Chongde Rd.,
Taichung, Taiwan, R.O.C

1PCN080901.02